

www.wellsbororecreation.org



Register at 570.724.0300

All are welcome to attend

DOWNHILL SKIING

\$16 LEARN TO SKI NIGHT- SPECIAL EVENT! LIFT/LESSON/RENTAL for only \$16. That's a \$75 value for only \$16! Ski Sawmill and Wellsboro Parks & Recreation have a special offer for children - ADULT (Ages 7 and up). Here is your chance to get the whole family out of the house and on the slopes.

Jan 2, 2020 5:30 lesson start Pre-Registration required by December 20th. NO ONLINE REGISTRATION - REGISTER AT PARKS AND RECREATION OFFICE

WELLSBORO SKI & SNOW BOARD CLUB: Boys & Girls Grades K -12. Join the fun of downhill skiing at Ski Sawmill. Beginning THURSDAY January 9, 2020 our club will ski each Thursday evening, leaving the Old High School Parking Lot at 4:15 p.m. and returning to the Old High School Parking Lot at 9:00 p.m. 4 Wks. of skiing \$72. (lift only) Rentals Available. PARENT & GUEST RATES: \$72 (4 lift tickets) OR \$18 one-time lift. Parents, brothers and sisters can join!! ONLINE REGISTRATION AVAILABLE

WRESTLING PROGRAM

LITTLE HORNET WRESTLING: GRADES K - 6. Instructional & competitive format. Wellsboro elementary wrestlers compete in the Endless Mountains Elementary Wrestling League. Practices will be held on Tuesday, & Thursday at the Old High School Gym from 5:30 – 7:00 pm Wrestlers will be skill grouped according to ability & experience. Club tournaments will comprise the schedule. Fee: \$30 Practices begin 4th – 6th grade Wednesday December 4th, K – 3rd grade Tuesday Jan. 7, 2020

BASKETBALL PROGRAM(s)

<u>"BIDDY BASKETBALL" GRADE 1 & 2:</u> Calling all first and second grade boys & girls. A basketball program created just for you with tons of fun and excitement. Learn ball-handling skills, team concepts and set your sights on the hoop! Boys: (Wednesday) Girls (Monday) 3:15 - 4:30 pm Charlotte Lappla Gym Program starts week of March 2, 2020 at the Charlotte Lappla and continues for 4 weeks. Fee: \$25

 "BOYS & GIRLS BASKETBALL" GRADES 3-4:
 Program begins the week of January 13, 2020 Instructional format with intra-squad scrimmages. Some Saturday games

 Fee: \$35
 Grades 3 & 4
 Boys
 Tuesday & Thursday (Some Saturdays)
 Charlotte Lappla Gym
 3:15 – 4:45 pm

 Girls
 Monday & Wednesday
 Charlotte Lappla Gym
 3:15 – 4:45 pm

"BOYS & GIRLS BASKETBALL" GRADES 5-6: Instructional format with intra-squad scrimmages. Fee: \$35

 Grades 5 & 6
 Girls Wed & Sat.
 Program Begins Dec. 4, 2019
 Middle School New Gym
 3:10 – 5:00 pm

 Boys: Tues., Wed., Thurs
 Program Begins Dec. 10, 2019
 Middle School Old Gym
 3:15 – 5:30 pm

MARTIAL ARTS

KARATE KID: Venture into the martial arts & learn self-discipline, lifetime fitness, & self-defense techniques. Please register and pay online. Mondays, Don Gill Gym Program starts January 6, 2020 6:15 - 7:30 pm Ages 6 through 10 Fee: \$30 Instructor: Bill Shumway, Black belt.

STEM: "SCIENCE, TECHNOLOGY, ENGINEERING, MATH "SCIENCE ENRICHMENT

After school STEAM (Science Technology Engineering Art Math) enrichment program designed specifically for elementary age students. Students will engage in their own take-home projects that introduce them to STEAM through creative materials. The science and engineering projects allow students to have fun and be creative while building their hands-on making skills.

STEAM MAKERS: Winter program for students in K- 4th. Classes held at Don Gill Library (students from CL are walked up as a group) on Wednesdays from 3:15 to 5:00pm for (6) weeks beginning Jan 15th. Cost is \$60. Online registration opens 1/3/20 @ 8:00am Class size limited. FMI: contact Melina Moyer @ playingwithsciencewellsboro@gmail.com.

DANCE

STEPS OF EXPRESSION: Ages 4 - Adult. Students grouped according to ability. Classes held at Don Gill on Tuesday Nights. Classes start Tuesday January 14, 2020 \$65 for 45-minute, 3 or more classes are ½ price per student. Class times: Tuesday between the hours of 3:30 – 8:30 pm. Classes offering instruction in Ballet, Pointe', Jazz, Hip Hop, Tumbling, Lyrical, and Tap. PLEASE REGISTER & PAY ONLINE Judi Kennedy 570-439-6097

DANCE RUSH: Invitational Competitive Dance Group, Monday's starting January 13, 2020, Don Gill Cafeteria 3:30 pm – 8 pm FMI Judi Kennedy 439-6097

BASEBALL & SOFTBALL

WELLSBORO LITTLE LEAGUE REGISTRATION: Online registration opens 11/6/2019 closes 11/30/2019 Contact 570-495-1927 for more information.

<u>FUTSAL</u>

WAYS FUTSAL: WAYS will hold a local, indoor soccer program this winter. During the months of February & March, Futsal will be held on Tuesday evenings from 6:00-7:30pm for those in 3rd and 4th grade and on Thursday evenings from 6:00-7:30pm for those in 5th and 6th grade MS New Gym and MS Old Gym. Program starts: Tuesday February 18, 2020. Cost is \$10 per player. Online Registration opens December 9, 2019 www.wellsbororecreation.org registration tab

WAYS Annual Meeting Thursday January 23, 2020 5:15pm

ADULT ARTS/LEISURE

Wellsboro Community Center

<u>READY AIM SHOOT: ENJOY YOUR CAMERA</u>: Learn how to have fun with your new digital camera, a non-technical approach. You will learn basic photography skills, subjects, compositions and lighting. Please bring your camera and instruction manual to learn how to have your own "Photographic journey." **WEDNESDAY EVENINGS Wellsboro Community Center, 6:30 – 8:00 pm January 8, 15, February 5, 12, 19, 26 as make up Instructor:** Tim McBride **Fee:** \$39

SQUARE DANCING W/CANYON SQUARES: Are you looking for a fun filled, square dance opportunity? Here it is! A full dance schedule awaits you. Our group meets every Wednesday evening from 7:00 – 9:00 pm at the Wellsboro Middle School Cafeteria. Starts January 8, 2020– June 2020.

RADIO CONTROLLED MODEL AIRCRAFT: Members of the Mountain Modelaires RC Club meet every Thursday evening starting November 14, 2019 at the Charlotte Lappla Gym from 6:00pm-8:30pm. Various types of airplanes, helicopters and quad copters are flown. Open to the public. For club membership, inquiries, general questions, flight instructions and spectating contact Jim Bockus 570-439-7759.

WATERCOLOR:
Beginner - Intermediate:Learn the basic techniques of watercolor as you create your own masterpiece.Tuesday afternoons2:00 - 4:30 pmWellsboro Community Center.Please call Marci Borden for more information 570-724-1394

WELLSBORO GARDEN CLUB: Come join in the fun and share your love for gardening with others! Wildflower walks, guest speakers, visits to area gardens, plant swap. Meets last Monday of every month 6:30 – 8:30 p.m. at the Wellsboro Community Center. FMI Contact Bonnie Rogers, Master Gardener at 570.724.1617

Pavilion Reservations 2020: 570.724.0300

Packer Park - Nessmuk Lake (Woodland Park under construction)

Online Program Registration available at <u>www.wellsbororecreation.org</u>

Wellsboro Parks & Recreation

www.wellsbororecreation.org

570.724.0300

FREE!

WINTER FEST: January 18, 2020

STEP OUTDOORS - Now Serving Tioga & Potter Counties Hills Creek State Park

Winter fun for the family! Ice Skating, Ice Fishing, Cross Country Skiing, and Snowshoeing, Sledding, Refreshments and more!

10:00 am - 3:00 pm Hills Creek State Park.

2020 WINTER OUTINGS: GET OUT and get active this winter with free, healthy outings each weekend starting Jan. 1st through the end of February. Bring your own gear or borrow ours while supplies last! Trail conditions and other updates at www.stepoutdoors.org every Wednesday. "Like" the Step Outdoors Facebook Page!

Saturday December 14, 2019 Santa in the Shay	Saturday February 15, 2020 -Wellsboro Winter Celebration		
Noon – 3:00 Visit the Lumber Museum to meet St. Nick; get an instant photo	12:00 -3 pm Family Fun on The Green, Wellsboro		
and turn it into an ornament. Craft Vendors, cookies & cocoa in the program	Sunday February 16, 2020 Mt. Tom Winter Challenge		
room. Adults \$5 Kids \$3	9 am- noon Mt. Tom Trails – Darling Run Parking Area		
Wed. January 1, 2020 – First Day Hike / Snowshoe Hike / 5 K Fun Run	Saturday February 22, 2020 Canyon Sled Dog Challenge		
1-2:00 pm at Hills Creek State Park - Beach Parking Area	9-Noon - Pine Creek Trail - Darling Run Parking Area		
Wed. January 1, 2020- First Day Hike/Snowshoe	Saturday February 22, 2020 Snowshoeing Basics (registration required)		
1 – 4:00 pm Lyman Run State Park – Various locations	12 pm – 2:00 pm Sinnemahoning State Park – Park Office & Wildlife Center		
Wed. January 1, 2020 – First Day Hike/Snowshoe	Saturday February 22, 2020 Winter Adventure Hike		
1– 3:00 pm Sinnemahoning State Park-Park Office & Wildlife Center	9 am- 11:00 am Lyman Run State Park Day use parking		
Saturday January 4, 2020 – Eagle Watch	Saturday February 29, 2020 Explore the Canyon		
1-2 pm Ives Run Mixing Channel, Recreation Area	9 am – 11:30 am Pine Creek Rail Trail Darling Run Trailhead		
Saturday January 11, 2020 Women's Intro to Ice Fishing (registration required)	Saturday February 29, 2020 Planetarium Open House		
9 am- 2 pm Wellsboro Comm. Center & Hills Creek State Park	6 pm – 8:00 pm Strait Planetarium Mansfield University		
Sunday January 11, 2020 XC Skiing for Beginners (registration required)	Saturday March 7, 2020 Animal Tracks & Traces Hike		
12 noon - 2:00 pm Sinnemahoning State Park	1 pm- 3:00 pm Sinnemahoning State Park – Park Office & Wildlife Center		
Saturday January 25, 2020- Winter in the Lumber Camp	Sunday March 8, 2020 Charter Day		
10 am -3:00 pm PA Lumber Museum, Main Parking Area	9:00 am – 5:00 pm PA Lumber Museum Free Admission		
Saturday January 25, 2020- Winter Adventure Hike	Saturday March 14, 2020 Intro to Night Sky Photography		
9 am – 11:00 am. Lyman Run State Park Day use parking	4:30 pm – 6:30 pm PA Lumber Museum		
Sunday January 26, 2020 - Kayak Club Open House	Saturday & Sunday March 21 -22, 2020 Maple Open House Weekend		
6:00-8:00 pm Mansfield University - Decker Pool	See www.pamaple.com for times and locations.		
Saturday February 1, 2020 Family Climbing Day	Friday March 27, 2020 Owl Prowl		
10 am -3:00 pm Mansfield University, Kelchner Fitness Center	6:45 pm – 7:45 pm Lyman Run State Park Schott Pavilion		
Sunday February 2, 2020 Snowshoe/Hike/Sledding Hill	Saturday March 28, 2020 Winter Adventure Hike		
1 pm – 3:00 pm Nessmuk Recreation Area – Parking Area	9 am – 11:00 am Lyman Run State Park Day use Parking		
February 7 - 9, 2020 Women in the Wilds	Saturday March 28, 2020 Cross Fork Outdoor Show		
Sinnemahoning State Park Register Early!	9 am – 3:00 pm Cross Fork Pa Kettle Creek Hose Company		
Saturday February 8, 2020 XC Ski, Snowshoe, Ice Skating, Sledding			

9 am – 11:00am Hills Creek State Park – Beach Parking Area

TIADAGHTON AUDUBON SOCIETY: Business Meeting: Meets third Wednesday of each month at 6 pm at the Wellsboro Administration Building, Old Music Room. Presentations are listed below, and both are open to the public. www.tiadaghtonaudubon.blogspot.com or contact us at tasmember@yahoo.com.



TIADAGHTON AUDUBON SOCIETY: February 19, 2020 @ 7pm, LGI Wellsboro High School. Importance of landscape-scale bird conservation across private and public forestlands in Pennsylvania. Jeff Larkin, presenter.

Description: Several studies have recently examined nesting and post-fledging habitat selection of many at-risk, forest-dependent songbirds. Collectively, this research provides a substantial body of evidence that suggests forest bird conservation is intimately tied to landscape context and configuration and within-stand structural complexity, regardless of nesting guild. As such, strategically increasing forest age class diversity has become an important focus of many forest-bird conservation efforts. This presentation will provide examples of successes and insight as to how a well-funded and well-organized partnership can overcome the many constraints that can often inhibit large-scale conservation implementation. The talk will be geared toward a diverse audience from private landowners, birders, and conservation organizations

Weekly Step Outdoor Events:

SUNDAY FUNDAY, SNOW-BIKING SERIES: SUNDAY ALL WINTER 9AM Asaph – US Geological Survey Parking (sometimes varies) Sponsor(s): Oswald Cycle Works Weekly mountain or snow-bike riding series usually starting at the lab in Asaph with updates weekly at https://www.facebook.com/OswaldCycleWorks/

TYOGA RUNNING CLUB THURSDAY NIGHT RUN: THURSDAY ALL WINTER 6 - 7PM – Wellsboro – Packer Park Lot multiple pace groups for almost any ability level. Yes – it's dark, so bring a headlamp / lights. Yes, the group runs in almost any conditions. Distances vary. Look up the club on Facebook for more info.

WALK WORKS: Safe PennDot approved walking routes. Time to get off the couch and out of the house. Routes have been developed in Wellsboro, Blossburg, and Mansfield. Families are encouraged to walk together and instill a lifelong fitness activity in your daily routine. For walking maps, go to http://tiogapartnership.org/walkworks

FITNESS & SPORTS (2nd winter session of Fitness classes to follow)

3 months \$87

Daily Drop in Fee: \$5.00

BEGINNER VINYASA: A yoga class for those newer to yoga, wanting a basic flow class. This class introduces foundational yoga postures, teaches you how to breath and helps you feel more comfortable in the yoga practice.. Class is slower paced, but still suitable for the seasoned yogi, too. Come learn, play and discover something new. The pose is not the point~ all you need to be able to do is breathe. 6 week program \$10.00 drop in fee 6:30-7:30 Charlotte Lappla Instructor: Gena Rasmussen Fee: \$39.00 or \$59.00 for both Starts: Monday Feb. 3, 2020

SHRED: A metabolism boosting combination of yoga and HIIT that promotes total body transformation in less time. It's so fun and energizing! Each 4-minute Shred is built from yoga poses in great alignment to cross-train and strengthen you for all other activities. So, within the 4 minutes, we will do the activity for 20 seconds and rest for 10 seconds, 8 times! BENEFITS: *FAT BURNER *INCREASE AEROBIC/ANAEROBIC ENDURANCE *EFFICIENT WORKOUT *INCREASE INSULIN SENSITIVITY AND GLUCOSE TOLERANCE *INCREASE VO2 MAX *ELEVATED METABOLISM UP TO 48 HOURS POST SHRED *Yogis will be offered modifications. 6-week program

Starts: Wednesday Feb. 5, 2020 6:30-7:15 pm Instructor: Gena Rasmussen Fee: \$39.00 or \$59.00 for both Charlotte Lappla

INDOOR WALKING	M, W, TH	5:30 - 7:00 pm	Old HS weight room entrance Free		Begins Jan. 6, 2020
MARTIAL ARTS	M, W	6:00 - 8:30 pm	DG Gym	\$45	Bill Shumway
TABLE TENNIS	TH	7:30 - 9:00 pm	Admin Gym	Free	Gary Kennedy
ADULT FUTSAL	T, Sun	7:00 - 9:00 pm Sun 6-8 p	m Admin Gym	Free	Sam Mitchell
BASKETBALL MEN'S OPEN	M, W	7:00 - 9:00 pm	Admin Gym	Free	Tom Mitchell
BASKETBALL MEN'S PICK-UP	Sun.	11:00 -1:00 pm	MS Old Gym	Free	Tom Mitchell
SENIOR INDOOR PICKLE BALL	T , T, F	8:30 – 10:00am	Admin Gym	Free	Marge Hoffman Starts Nov. 1, 2019
MEN'S OLD MAN BASKETBALL	Т	7:00 – 9:00PM	MS Old Gym	Free	Jamie Morral
ADMIN WEIGHT ROOM: Morning Hours:	M, W, F	5:30 – 8:00 am	T, Thurs. 5:30 - 6:30 am	Thurs. 5:30 - 6:30 am Sat.9:00 – 11:30 am	
Evening Hours:	M, W	5:00 – 8:30 pm	T, Thurs. 5:00 – 7:30 pm Fri. 5:00 – 6:00 pm		6:00 pm
WASD Students	M – F	2:30 – 5:00 pm	(Students are admitted free)		
FEE: (1 year \$48.) (9	months \$36.) (6 months	\$24) (3 months \$12.) (Monthly	y Fee of \$4.) Admin Bldg. FMI 5	570. 724.0319 Duri	ng open hours
MARY LOU PUTMAN FITNESS CENTER:	Family Membershir	: 12 months \$250	6 months \$175 3 mo	nths \$120	Senior's 62+ always half price!

6 months. \$125

Indiv. Membership: 12 months. \$175